



We build strong kids, strong families, strong communities.

THERAPY POOL SCHEDULE

Effective: January 2, 2009

Monday - Friday 8:00am-9:00 pm • Saturday 8am- 5:45pm • Sunday 1-5:45pm

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am	OPEN SWIM 8-9:00am	OPEN SWIM 8-9:00am	OPEN SWIM 8-9:00am	OPEN SWIM 8-9:00am	OPEN SWIM 8-9:00am	ADULT INSTRUCTION 8:15-9:00am	
9:00am	AQUACISE 9-9:50am	OPEN SWIM 9-10:00am	AQUACISE 9-9:50am	OPEN SWIM 9-10:00am	AQUACISE 9-9:50am	YOUTH SWIM LESSONS 9:00-12:30pm	
10:00am	WATER TAI CHI 10-11:00am	OPEN SWIM 10:00am-5:00pm	SWIM LESSONS 10-11:00am	Swim Lessons 10-10:30am	WATER TAI CHI 10-11:00am		FAMILY SWIM/ 12:30-5:45pm And SPLASH ZONE
11:00am	OPEN SWIM 11:00-12:00pm		OPEN SWIM 11:00-12:00PM	OPEN SWIM 10:30-5:00pm	OPEN SWIM 11:00-12:00pm		
12pm	ARTHRITIS BASIC 12-12:45pm		ARTHRITIS BASIC 12-12:45pm		ARTHRITIS BASIC 12-12:45pm		
1:00pm	ARTHRITIS In Motion 1-2pm		ARTHRITIS In Motion 1-2pm		ARTHRITIS In Motion 1-2pm		
2:00pm	OPEN SWIM 2-5:00pm		OPEN SWIM 2-5:00pm		OPEN SWIM 2:00-4:00pm		
3:00pm							
4:00pm		Afterschool 4-5:00pm					
5:00pm	SWIM LESSONS 5:15-6:30pm	FAMILY SWIM 5:15-7:15pm And SPLASH ZONE	SWIM LESSONS 5:15-6:30pm	FAMILY SWIM 5:15-7:15pm And SPLASH ZONE	FAMILY SWIM 5:15-8:00pm And SPLASH ZONE	POOL CLOSES AT 5:45pm	
6:00pm	FAMILY SWIM And SPLASH ZONE 6:30-8:00pm	FAMILY SWIM And SPLASH ZONE 6:30-8:00pm	AQUACISE 7:15-8:00pm				
7:00pm	AQUACISE 7:15-8:00pm						
8:00pm	Pool closes @ 8:00pm						

Blacked out boxes represents facility closed.

- ❖ POOL TEMPERATURE is maintained at/or above 86 degrees
- ❖ FAMILY SWIM does not require all family members in the pool; at least one parent must be in the building. Children 8 years and younger must be accompanied in the pool by an adult. Swim Test must be taken at discretion of the lifeguard before a young child may be left in the pool area without a parent. No inflatables allowed.
- ❖ OPEN SWIM –recreational swimmers and or family swimmers.
- ❖ Proper bathing suits are required.
 - a. No cut offs of any type of material
 - b. No revealing bathing suits
 - c. T-shirts may be worn WITH a proper bathing suit or trunks.
- ❖ NO DIVING ALLOWED